

SPROUT Admission Criteria

Residency	BC and Yukon residents with active MSP coverage.
Medical Stability & Support Requirements	<ul style="list-style-type: none"> • Medically stable to participate as outpatients. • Able to tolerate at least one 45-minute therapy session per day, at least two days a week. • Parents/caregivers must be able to <ul style="list-style-type: none"> Transport and accompany the patient during sessions, OR Ensure patients can travel to and from sessions independently <p><i>Note: To promote health equity, our social workers are committed to exploring subsidized accommodation options. Virtual sessions are also available, when deemed appropriate, for patients experience transportation barriers or living in remote areas.</i></p>
Therapy Requirements & Accessibility	<ul style="list-style-type: none"> • Require at least two types of therapies, which may include occupational therapy, physiotherapy, speech language pathology, recreation/aquatic therapy; OR • Require specialized therapy services exclusive to SHHC (Tier 6), such as post upper limb tendon transfer surgery rehabilitation; Functional Electrical Stimulation (FES) bike therapy; pre- and post-amputation rehabilitation. • Admission is only considered if no other rehabilitation services can meet the patient's needs or achieve their rehabilitation goals at the required level of care and intensity.
Pt Conditions for Eligibility	<ul style="list-style-type: none"> • ARU inpatients/day-patients eligible for discharge but requiring intensive rehabilitation as outpatients. • Require immediate post-operative rehabilitation after orthopedic or neurosurgical procedures. • Require pre-surgical or pre-oncological treatments to enhance surgical outcomes & recovery. • Require intensive therapy for functional optimization after acute events or to manage chronic conditions that cause deconditioning or long-term immobility.

Note: all referrals are subject to capacity and reviewed by the SPROUT intake team. Meeting criteria does not guarantee admission.

SPROUT Referral Process

1. the referral form must be completed by a clinician.

Due to limited social work staffing, we strongly encourage referring programs' social workers to assist with travel and accommodation support, if possible.

2. Once completed, fax the form and any relevant clinical notes/reports to (604) 875-2333.

If the patient's condition has significantly changed or improved since the time of referral, please promptly notify us to update or cancel the referral.

3. Referrals are regularly reviewed during SPROUT intake meetings. Referring clinics will receive prompt notification regarding the referral status.

Exclusion criteria

Patients requiring the following services will not be eligible:

- ongoing nursing assistance or hospital bed support, or currently admitted in the hospital.
- Therapy outreach in communities.
- Significant psychiatric or psychological services (e.g., somatization, functional neurological disorders).

Additionally, patients with rehab goals that can be effectively met by the following services will not be eligible:

- Other SHHC services (e.g., NMP recreation/pool therapy, feeding assessments, PMT wheelchair/equipment positioning, autism assessment via BCAAN)
- Community-level rehabilitation services.