

## **WELCOME**

Welcome to the Multi-Disciplinary Clinic (MDC)!

There has been significant progress in treating children with cancer and survivors can expect to have a normal life span. Why then do we keep seeing survivors in clinic after their treatment is complete? Most people think it is to check that the cancer is not coming back. This is true for the beginning of follow-up. However, as time passes, the focus of the visits changes from checking for recurrence to thinking about any possible long term problems that may have been caused by the treatment.

In the MDC clinic we try to involve multiple specialists who may have been involved in your child's care. This includes neuro-oncology, oncology, transplant, endocrinology, dieticians, psychology, physiotherapy, immunology, and audiology. The benefit of having the different doctors and specialists at the appointment is that this allows us to collaborate and

access the expertise and resources to provide the best care for your child.

You will continue to be seen in the Multi-Disciplinary Clinic until your child is 18 to 21 years of age and 5 years off treatment.

### **Your Long Term Follow-Up Team**

#### **Nurses:**

**Kari Dykstra** cares for patients once they are 2 years off treatment until approximately 16 years of age.

**Monica Gazzola** cares for patients from the age of 16 and a minimum of 2 years off treatment. She will continue to see them until they are transitioned into Adult Health Care.

**Jennifer Green (Williams)** cares for neuro-oncology patients once they are 2 years off treatment until they are transitioned into Adult Health Care.

**Booking Clerk** The LTFU booking clerk books your child's Long Term Follow-Up appointments and coordinates them with other departments that your child may have appointments with.

#### **What I Need to Know**

The Neuro-Oncology MDC is currently held on the third Thursday of the month from 1pm-4pm. The BMT MDC is currently the fourth Thursday of the month from 1pm-4 pm.

#### **Appointments**

In general, you will be notified of your child's appointment(s) about 1 or 2 months prior to the booked time.

Due to the limited number of spaces available for the Follow-Up clinic, please make every effort to keep your appointments, or call in advance to reschedule/cancel.

Please call to confirm, cancel or reschedule your appointment. Please see contact information for the booking clerks.

### Where do I go?

You will receive an email confirming your appointment with instructions and appointment times.

Once any testing ordered by the Oncologist is complete (ie. Blood work, PFT, ECG/Echo, MRI, etc...) you will head over to the Long Term Follow-Up area. This is in the SunnyHill Health Centre.

When you arrive, you will be checked in and brought into an exam room. The Follow-Up nurses will come get you for an assessment before seeing your Oncologist.

You will be notified by phone or email as to when your next appointment will be.

### Contact Information

#### Long Term Follow-Up Nurse Clinicians

##### Kari Dykstra

Phone: (604) 875-2345 ext.7126

Email: [kdykstra@cw.bc.ca](mailto:kdykstra@cw.bc.ca)

##### Monica Gazzola

Phone: (604) 875-2345 ext.4827

Email: [mgazzola@cw.bc.ca](mailto:mgazzola@cw.bc.ca)

##### Jennifer Green (Williams)

Phone: (604) 875-2345 ext.3578

Email: [jennifer.williams1@cw.bc.ca](mailto:jennifer.williams1@cw.bc.ca)

#### Long Term Follow-Up Booking Clerks

Phone: (604) 875-2345 ext.7096 for

**neuro-oncology** ext. 8880

Toll-free: 1-888-300-3088

ext.7096/8880

Website: [www.bcchildrens.ca](http://www.bcchildrens.ca)  
[www.kidscancer.bc.ca](http://www.kidscancer.bc.ca)

## ONCOLOGY/ HEMATOLOGY/ BMT MULTI- DISCIPLINARY CLINIC (MDC)



Provincial Health Services Authority

BC Children's Hospital  
Oncology/Hematology/BMT  
4480 Oak Street  
Vancouver, BC  
V6H 3V4