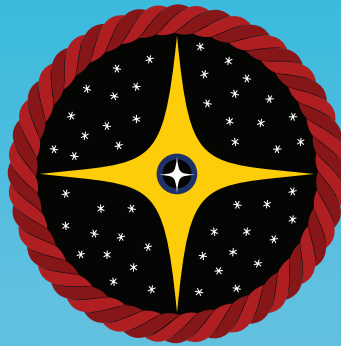




Tee ma thit
"Do your best"



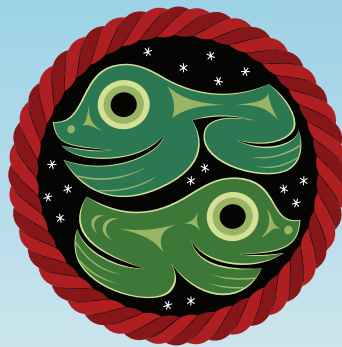
Thee eat
"Truth"



Eyhh slaxin
"Good medicine"

COAST SALISH TEACHINGS

Gifted to Provincial Health
Services Authority by
Knowledge Keeper,
Sulksun, Shane Pointe



**Kwum kwum stun
shqwalowin**
"Make up your mind
to be strong"



Nuts a maht
"We are one"



Whax hooks in shqwalowin
"Open your hearts and your minds"

With thanks to artist Atheana Picha