

Welcome to Procedures at BC Children's Hospital





On the day of your procedure, you'll go to the Teck Acute Care Centre.

General Procedures is on the 3rd floor.
Special Procedures is on the 4th floor.

Only one caregiver will be able to accompany you to into the hospital, any other caregivers may wait outside the hospital.





Head down the hallway to see the clerk





The clerk will check you in here.
They will ask for your BC Health Card





You'll be given striped pajamas to wear
while you're here





Any hospital staff that goes into your room will be wearing a special mask. They are wearing these masks to protect you from their germs.



These are the friendly faces under the masks!





A nurse or a patient care aid will check your height and weight.





They will use :
an arm hug to check your blood pressure,
a red light on your finger to check your breathing,
and a little wand to check your temperature





A nurse will put cold cream on the top of your hands (about the size of a loonie) and put a special window sticker over it. This numbing cream will help with the sleeping medicine later.





The nurse may give you some medicine to help you feel more comfortable after your procedure.

You may choose to have this as a pill or liquid.





You may meet a child life specialist who will teach you about your day. Let them know if you have any questions or worries.





You will meet your anesthesiologist (also called the sleep doctor) and your doctor before you go into the procedure room.

They will be wearing blue hospital pajamas, a hat, and a mask to keep the procedure room clean.





One of the nurses will check your bracelet when it is time to go to the procedure room.





Your caregiver may be able to go into the procedure room with you until you fall asleep*. They will also wear a gown, hat and boots to keep the room clean.

You can also bring your favourite blanket or stuffed animal with you.





You will go for a walk with your nurse to your procedure room.

See which animals you can spot on the wall!





This is what one of the procedure rooms looks like.

There are lots of people in the room and different machines, they are all there to help you.

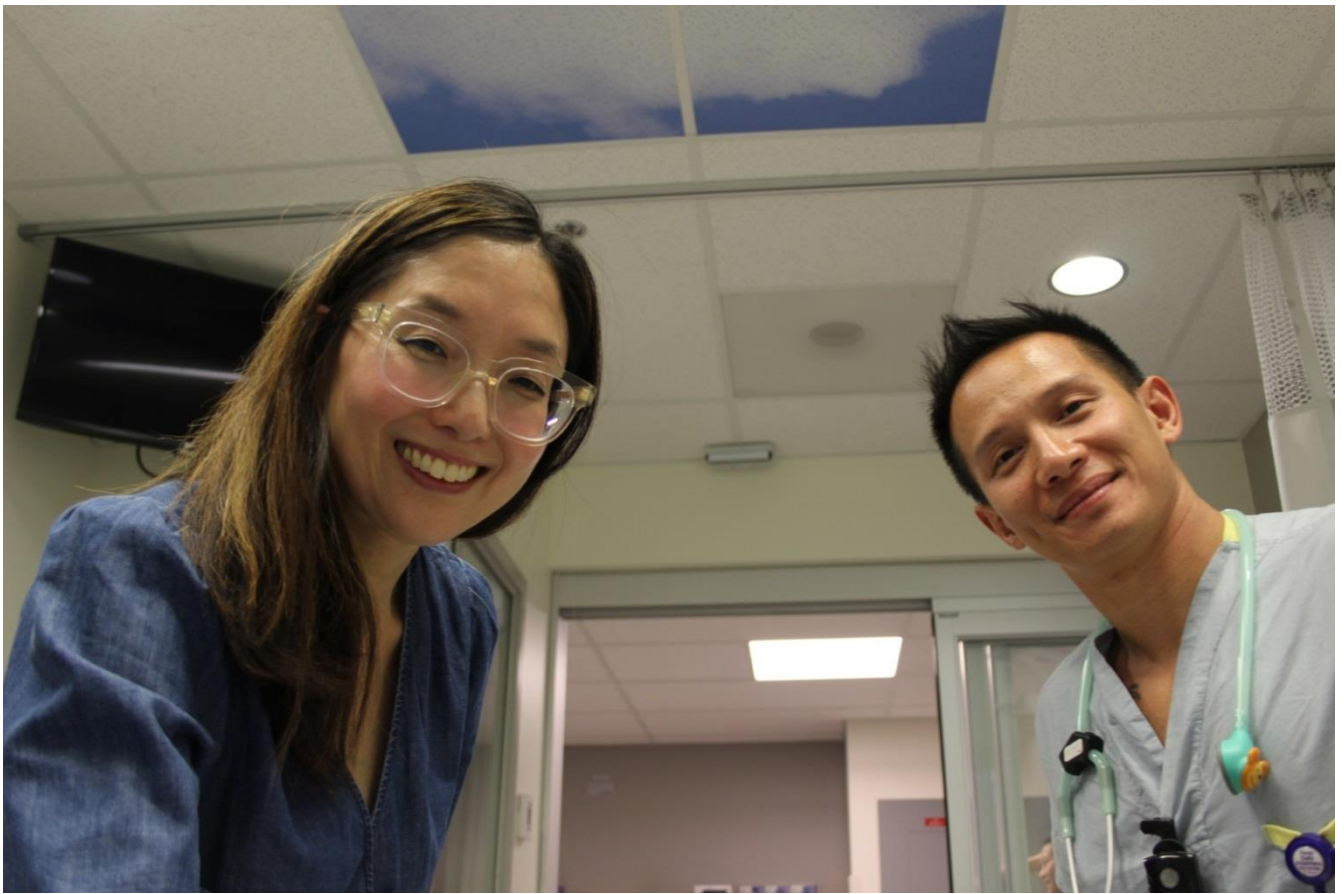
They may be able to play your favourite show on the TV, what would you like to watch?





The sleep doctor will give you medicine so that you are asleep and comfortable during the procedure.

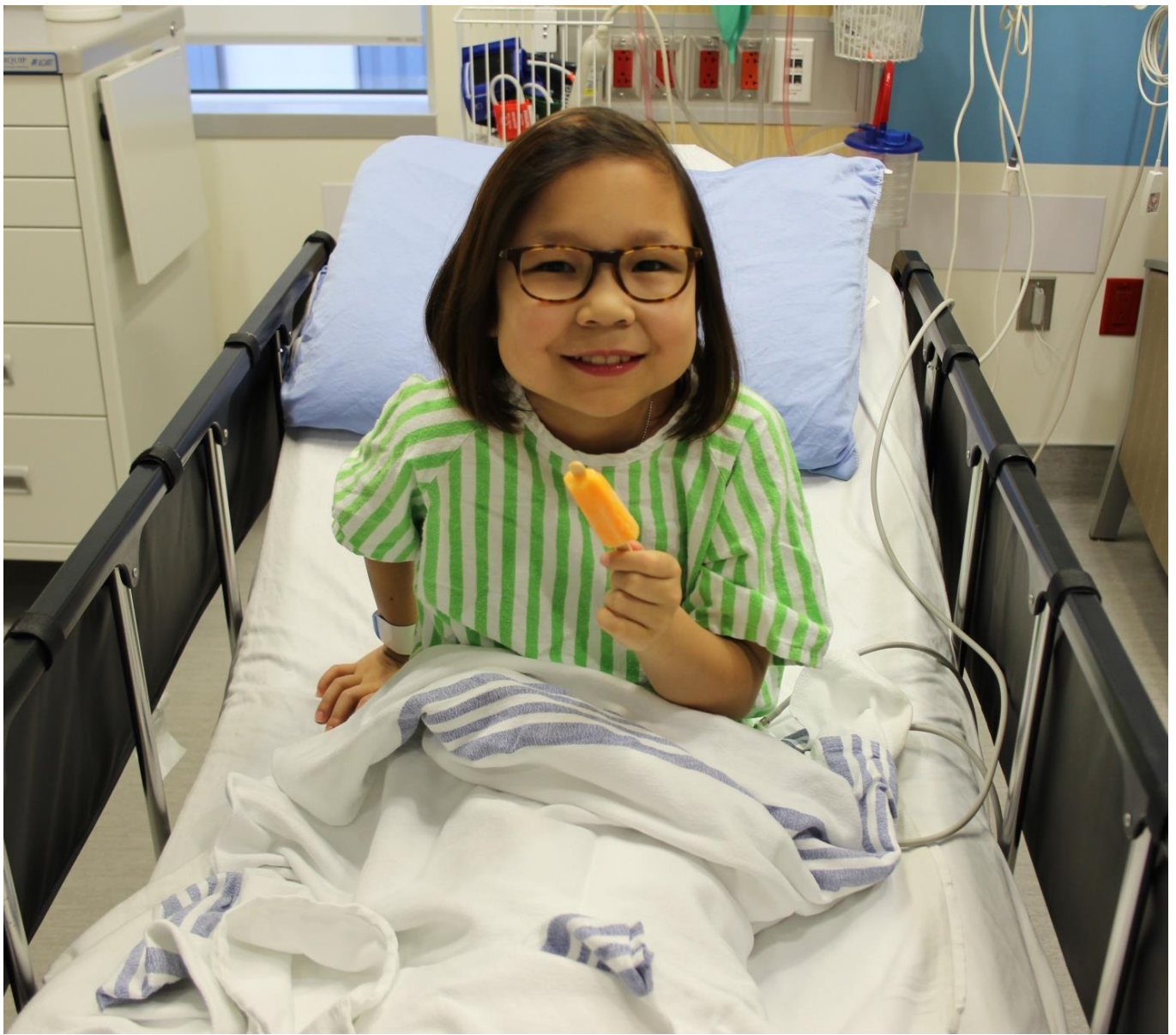




Your caregiver will meet you in your room once you are awake.

A nurse will be there to make sure you are feeling comfortable.





When you wake up, you can have popsicles, apple juice and water.

There are four colours of popsicles, orange, pink, blue and purple.
Which colour would you like?





Before you go home, your nurse will answer all your questions and make sure you're feeling comfortable before you go.

Thanks for coming!

If you are staying overnight, please see the next two pages.





If you're having a sleepover, you'll be brought to the 6th floor.

Two caregivers will be able to stay with you here.

Each room has their own bathroom, shower, and a little fridge to store your goodies!





If you are staying overnight in PICU, two caregivers will also be able to stay with you here too.



If you want to watch the “Welcome to Procedures” video, check out:

<https://www.youtube.com/watch?v=7050CiewqVY>

If you want more information on how to prepare you child, please check

out: <http://www.bcchildrens.ca/our-services/support-services/child-life#Resources>

